# Understanding Biosimilars

Get answers to your questions about biosimilars

Content is provided for informational purposes only and is not meant to be a substitute for advice provided by a doctor or other qualified healthcare professional. Patients should always consult with a doctor or other healthcare professional for medical advice or information about diagnosis and treatment.

# An introduction to biosimilars

Your doctor may want you to begin treatment with a new biosimilar medicine, but if you've never heard of biosimilars before, you may have questions. This brochure may help answer your questions so you can feel more confident taking the next step with your treatment.

# What is a biosimilar?



Biosimilars are safe and effective medicines approved by the U.S. Food & Drug Administration (FDA) that are a highly similar version of existing biologic medicines.'

What is a reference product? It's the original biologic medicine, already approved by the FDA, to which a proposed biosimilar product is compared.'

#### Biosimilars are used to treat



Rheumatoid arthritis



Cancer

#### Reference Biologic Medicines

FDA-approved

 Manufactured from living cells such as microorganisms, plant cells, or animal cells

 Used to diagnose, prevent, treat, and cure serious diseases and medical conditions

#### **Biosimilars**<sup>2</sup>

- FDA-approved
- Manufactured from living cells such as microorganisms, plant cells, or animal cells

 Used to diagnose, prevent, treat, and cure serious diseases and medical conditions

#### many illnesses, including<sup>2</sup>:



Bowel diseases



Other chronic or life-threatening diseases

## How do biosimilars work?

Biosimilars are just as safe and effective as reference products, and they work the same way in your body.<sup>1</sup>

Same benefits<sup>2</sup>

- Same potential side effects<sup>2</sup>
- Same strength and dosage<sup>2</sup>
- Administered in a similar way\*<sup>2</sup>



Biosimilars have only minor differences in clinically inactive ingredients as compared to reference products.'

Any differences between the proposed biosimilar product and the reference product are carefully evaluated by the FDA to ensure the biosimilar meets its high approval standards.

<sup>\*</sup>Please keep in mind that while the medications are very similar, if your medication is delivered using an advanced device, such as an auto injector, the advanced device appearance and function may differ. Talk to your healthcare team if you have questions.

## Are biosimilars the same as generics?

While biosimilars and generic medicines are both versions of brand name drugs, there are important differences between them.'



Biosimilars, like generics, may provide patients like you with more affordable access to lifesaving and life-enhancing treatments.'

Biologics (including biosimilars) and generics have different manufacturing processes. Generic drugs are considered "simple molecules" which makes it easier to reproduce an exact copy during production. Unlike generics, biologic medicines are made of more complex molecules which requires a different production process to create a highly similar product!

## How are biosimilars approved?<sup>1-3</sup>

Biosimilars are approved by the FDA after careful evaluation and thorough testing to confirm that the biosimilar has no clinically meaningful differences in safety or effectiveness.

Biosimilars must:



The FDA continues to monitor the safety and effectiveness of biosimilars even after their approval.<sup>2</sup>

### Why are biosimilars important?

Biosimilar medicines can help **drive down prices** by introducing **competition**, creating **more options**, and making **medications more accessible** to patients, including those who previously may not have been able to afford them.<sup>2</sup>

By enabling **more patients to have access** to biologics, the availability of biosimilars could result in **improved health outcomes** for patients.<sup>4</sup>



Biosimilars are projected to save the healthcare system \$54 billion over a period of 10 years.<sup>5</sup>





#### Getting started with biosimilars<sup>1-3</sup>

You can feel more confident in your treatment if your doctor or pharmacist substitutes your biologic medicine for an FDA-approved biosimilar.

**Myth:** Biosimilars are less safe and effective than reference biologics.

**Fact:** FDA-approved biosimilars are rigorously tested, reviewed and monitored to demonstrate they are as safe and effective as the reference biologic product.

Myth: Biosimilars don't actually save money.

**Fact:** Biosimilars offer more choices and may provide significant savings to patients, providers, and the healthcare system.

**Myth:** Patient support programs only exist for reference biologics.

**Fact:** Many biosimilar manufacturers offer patient support and financial assistance programs.

#### Talk with your doctor or healthcare team to get more information about FDA-approved biosimilars.

#### References:

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